

# OUR NURSERIES

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## HOWGILL FAMILY CENTRE

We at Howgill Family Centre are working towards digitalisation within the charity. We have partnered with Connect Childcare. For you as a parent, this means you will be able to see observations of your child and make payments in the Parent Zone application. We are running a pilot at our Cleator Moor nursery and then this will be distributed to all our nurseries.

This is a very exciting time to be joining Howgill Family Centre. We have various roles to make an impact on children's lives. If you want to make a difference and find out more please have a look at our vacancies on our [website](https://www.howgill-centre.co.uk).

We also have a small meeting room, a large meeting room and soon to be, a new studio room that can be hired from a few hours onwards. For more details please contact [info@howgill-centre.co.uk](mailto:info@howgill-centre.co.uk)

Warm regards

SJ Silvester  
CEO

# Be part of the Team at Howgill Family Centre



## **CEO**

The staff and the Trustees at Howgill are seeking a charismatic leader who shares our values; the safeguarding of children and vulnerable adults is always our priority. The role will suit someone entrepreneurial who will derive job satisfaction from social impact and from growing a services business. Our CEO will provide strong and effective governance for the charity's Trustees and ensure we nurture our staff and manage operating costs appropriately. The key task is helping us to secure new business and funding and attuning to local markets . Please contact [sj.silvester@howgill-centre.co.uk](mailto:sj.silvester@howgill-centre.co.uk) for more information on this role.

**[Click her and Download our recruitment pack for our vacancies below.](#)**

## **Early Years Setting Manager**

We are seeking a dedicated, confident and passionate Early Years Setting Manager to manage the day to day running of our nursery in Cleator Moor. This is a fantastic opportunity to join a growing group of nurseries. Are you experienced in Early Years Management with the ability to create a culture of curiosity, awe and wonder in beautiful and natural surroundings? We are recruiting for a full time person to join our management team. Children are at the heart of what we do.

## **Early Years Deputy Setting Manager**

If you are a Early Years Practitioner looking to further your career to a Deputy Setting Manager then this would be a great opportunity for you. As a Deputy Setting Manager you will lead a team of Early Years Practitioners to deliver a high standard of care at all times to all our children.

## **Early Years Practitioner - All year round 30/35 hours and BANK**

We are looking for fantastic Early Years Practitioners to join our Early Years Setting and to help provide outstanding education and early years childcare for our children. We require practitioners to offer children the highest quality of care, offering unlimited opportunities to grow, learn, develop and flourish.

## **Nursery Assistant**

We require a nursery assistant to work alongside our Early Years Practitioners and Setting Managers. We want you to be part of the children's adventure and provide help where needed.

**Visit** [www.howgill-centre.co.uk/about-us/vacancies](http://www.howgill-centre.co.uk/about-us/vacancies)



# Time To Be Me

**The low levels of wellbeing of children can have a great impact on their childhood and life chances.**

Without the experience of happiness and a sense of wellbeing in our lives, it is difficult to thrive and to become the best we can. Our service provides a safe and secure environment in which children are able to share and explore emotions, thoughts, and feelings through the therapeutic activities that we offer. We help those children who have negative emotions deal with them without repressing or denying them by encouraging positivity, building self-esteem and resilience.

In our Time To Be Me session the children loved the sessions. We provided both physical and craft activities. We made Easter wreaths, Easter Baskets and chocolate nests to collect eggs on a Easter Egg hunt. Children then took part in an Easter egg and spoon race, hunted for eggs and joined in with bunny hop races! Craft activities and physical activities are good for our emotional health as well as physical.



# Travelling a long way to find something familiar

I spent all of last week in Wick in the far northeast of Scotland and only 14 miles from John O Groats. That is around 420 miles from west Cumbria.

Remarkably, I found a Nuclear facility close by at Dounreay, I found a town with a busy harbour, in Wick, and I found an amazing Family Centre like a very large Howgill. In a strange way, it did not feel like I was away from home although, what was different was that Sellafield is ten times as big as Dounreay and Wick is smaller than Whitehaven and yet, by contrast, the Pulteney Centre was much bigger than Howgill.

Being curious about these matters, I went to visit the Pulteney Centre and found a Nursery and a Play Group but also found a foodbank, a community cafe and old people preparing lunch for other old people. It serves the whole community as they say, 'from cradle to grave'. It is also open all day with community activities in the evening, including films, it provides a community meal one evening and it even opens on Saturday evening, exclusively for young people.

What we certainly have in common is that Dounreay supports the Pulteney Centre and Sellafield very generously supports Howgill. Both are excellent examples of local industries supporting key community projects.

I have already established a regular email contact with Pulteney so that we can learn from each other and, very importantly, help our local industries understand how they can better support their local communities.

Willie Slavin  
Trustee





# Good Enough Start



It has been a busy and exciting few months at Good Enough Start. From April 2023 we are no longer a pilot scheme. We received funding from Copeland Community Fund, Francis C Scott Trust, Cumbria Community Foundation (The Beeby Family Fund) and S Copeland Geological Disposal Facility Grant, Millom, to enable us to continue to support the parent infant relationship in Millom and the surrounding areas until 2026.

## Mum and Baby Fitness

Last month we relaunched our Mum and Baby fitness class which gives mums the opportunity to workout with other local mums and their babies. It is a free, fun and relaxed group that both parents and babies enjoy



## Book Hunt

In our aim to get more people reading, we started a book hunt in the local community. We hid some of our favourite books for other children to find. Once they find the books they can enjoy them at home before re-hiding them for someone else to find. Local families have enjoyed getting involved in this and we hope that it will continue

## Coronation

We had lots of fun celebrating the coronation in our groups. We made our own decorations using mess free painting and made our own sparkly crowns. Then enjoyed lots of coronation themed sensory activities. It was great to be able to celebrate such a monumental event with our parents and to help them make special memories with their baby.



# Early Years Project

Another busy term in our lovely groups. We really do have the best group of parents that join us week in week out! We have babies from as young as 6 weeks old joining us to children who already attend preschool. The early introduction and stimulus that our groups provides for young babies and children is so important to their future development. It supports their ability to build skills to communicate, express and understand feelings. It also supports your child's thinking ability and helps them develop and maintain relationships. Language development lays the foundation for the reading and writing skills in children as they enter and progress through school.

**We are really fortunate here at Howgill to be in a position that we are going to be offering some more groups for families to attend. Look out for a Messy Play one coming soon**



## Our free drop in groups

### Cuppa and a craic

For: Babies, toddlers, young children and their carers

Times: Every Monday 13:00 – 14:00 at Birks Road, Cleator Moor

Why not come along and join us for a cuppa and craic? You can bring along children or pop along by yourself while the kids are at school. It's a chance to meet new faces in a friendly environment.

### Babbling Babies

For: Babies (non -walkers) and their carers

Times: Every Wednesday 09:30am – 10:30am at Birks Road, Cleator Moor

Come along, have some fun with your child whilst supporting and boosting their communication and language development through I CAN program.

### Toddler Talk

For: Toddlers and their carers Times: Every Wednesday 11:00am – 12:00am at Birks Road, Cleator Moor

Come along, have some fun with your child whilst supporting and boosting their communication and language development through I CAN program.



# The Howgill Kabin, Kells

We have had another busy term welcoming our new friends. We are enjoying a lot more outdoor play as the weather improves. The children are looking for mini beasts and are fascinated when they find some. We all enjoyed celebrating the King's Coronation, making crowns, wreaths and a golden coach display. The children came dressed in red, white and blue for a party and we invited their parents/carers to come and have cake with us too.

At the end of May, we are doing a sponsored walk along the coastal path with the children and their families to raise funds for the Kabin.



## Available sessions from September



## Kells Library

Our caretakers Mike and Gary have been working hard at renovating the Kells Library.





# Sure Start Children's Centre, Whitehaven



We have had cute feathery visitors at Catherine Street. The children adored them!

## CATHERINE ST HOLIDAY CLUB

**howgill**  
family centre

Starting from 24th July 2023 for 3 weeks

Email: [esther.lewthwaite@howgill-centre.co.uk](mailto:esther.lewthwaite@howgill-centre.co.uk)

Telephone: 01946 694 295

**AGED 2 – 4 YRS**

**9AM – 12PM - £15.00**

**12.15 – 3.15PM - £15.00**

**9AM – 3.00PM - £30.00**

**SIGN UP  
NOW**

**[WWW.HOWGILL-CENTRE.CO.UK](http://WWW.HOWGILL-CENTRE.CO.UK)**





# Howgill Family Centre, Cleator Moor

In the Zoo Room, our babies been learning lots of new nursery rhymes. The children took such a good interest in learning about dinosaurs. We had mash and broccoli in the tuff tray. We also had a sensory week where we got really messy in the shaving foam. Our children loved new sensory bottles. As we have been reading 'The Shark in the Park' we have accompanied this with the familiar song 'Baby Shark'. They have all enjoyed celebrating the King's coronation.

This term in the 2's Under The Sea room we have been very creative and explorative. Recently we have planted seeds for our 'Jack and the Beanstalk' topic that the children have took great interest in their growth. We have done some 'nonlinear' investigation and designed our own worms and ladybirds. The children have also had lots of fun during the celebrations of the King's Coronation. A lovely tea party was enjoyed with some of the children own crowns and flag creations.

In Preschool this term our main topic has been Spring. We have been learning about new life such as lambs and chicks. We have explored the life cycle of caterpillars through our story "The Very Hungry Caterpillar". The children have been focusing on gross motor movement in our outdoor area by moving around like different minibeasts. We have also been developing our fine motor skills by threading bobbins and using tweezers to help support.

