



Intimate Care Policy

September 2025

DOCUMENT CONTROL

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Please note that a record of the changes made to the original issue of this document can be found at Schedule 1 after any Appendices to the Policy/Procedure.

Version Number:	Publication Date:	Nature of, and Reason for, Change(s)
2	September 2024	Reviewed and updated
3	September 2025	Reviewed and updated inline with EYFS Safeguarding reforms

Policy Statement

Howgill recognises that all children need contact with familiar, consistent carers to ensure they can grow confidently and feel self-assured.

At times children need to be cuddled, encouraged, held and offered physical reassurance. Intimate care routines are essential throughout the day to ensure children's basic needs are met. This may include nappy changing, supporting children with toileting, changing clothes where required, first aid treatment and specialist medical support.

In order to maintain the child's privacy, the majority of these actions will take place on a one-to-one basis and, wherever possible, will be supported by the child's key person with the exception of first aid treatment which must be carried out by a qualified first aider.

We wish to ensure the safety and welfare of the children involved in intimate care routines and safeguard them against any potential harm as well as ensuring the staff member involved is fully supported and able to perform their duties safely and confidently. Through the following actions we will endeavour to support all parties:

- Promote consistent and caring relationships through the key person system in the nursery and ensure all parents understand how this works
- Ensure all staff undertaking intimate care routines have suitable enhanced DBS checks
- Train all staff in the appropriate methods for intimate care routines and access specialist training where required, i.e. first aid training, specialist medical support
- Conduct thorough inductions for all new staff to ensure they are fully aware of all nursery procedures relating to intimate care routines.
- Follow up on these procedures through supervision meetings to identify any areas for development or further training.
- Working closely with parents on all aspects of the child's care. This is essential for intimate care routines which require specialist training or support. If a child requires specific support the nursery will arrange a meeting with the parent/carer to discover all the relevant information relating to this to enable the staff to care for the child fully and meet their individual needs with a supporting care plan reviewed.
- Ensure all staff have an up-to-date understanding of safeguarding and how to protect children from harm. This will include identifying signs and symptoms of abuse and how to raise these concerns as per the safeguarding policy.
- The setting operates a whistleblowing policy as a means for staff to raise concerns relating to their colleagues. The management will support this by ensuring staff feel confident in raising worries as they arise in order to safeguard the children in the nursery.
- All settings have an adequate number of toilets and hand basins available, and toilet facilities are separate for children and adults.
- There is an adequate supply of clean bedding, towels, spare clothes, and other necessary items.

The management team regularly conducts working practice observations on all aspects of nursery operations to ensure that procedures are working in practice and all children are supported fully by the staff. This includes intimate care routines.

The nursery conducts regular risk assessments on all aspects of the nursery operation and this area is no exception. The nursery has assessed all the risks relating to intimate care routines and has placed appropriate safeguards in place to ensure the safety of all involved. If any parent/carer or member of staff has concerns or questions about intimate care procedures or individual routines, please see the manager at the earliest opportunity.